

## **Jumps Challenge**

### **GENERAL EVENT PARAMETERS:**

- Each jump may be attempted twice; the best attempt will be counted
- To be skated on half-ice
- Skaters with physical disabilities may register for standard track or Skate United Track for events

#### **ASPIRE LOW — 1:15 MAX**

##### **ELEMENTS**

- Waltz jump (from backward crossovers)
- Half flip or half Lutz
- Single Salchow

#### **ASPIRE HIGH — 1:15 MAX**

##### **ELEMENTS**

- Waltz jump (from backward crossovers)
- Single Salchow
- Jump combination: waltz jump-toe loop

#### **NO TEST — 1:15 MAX**

##### **ELEMENTS**

- Single Salchow
- Single loop
- Jump combination: Any two half or single revolution jumps (no Axel)

#### **PRE-PRELIMINARY — 1:15 MAX**

##### **ELEMENTS**

- Single toe loop
- Single flip
- Jump combination: Any two half or single revolution jumps (no Axel)

#### **PRELIMINARY — 1:15 MAX**

##### **ELEMENTS**

- Single flip
- Single Lutz
- Jump combination: Any single jump + single loop (may be Axel)

#### **ADULT BEGINNER — 1:15 MAX**

##### **ELEMENTS**

- Mazurka or ballet jump
- Waltz jump

#### **ADULT PRE-BRONZE — 1:15 MAX**

##### **ELEMENTS**

- Single Toe loop jump
- Half flip, half Lutz or half loop

#### **ADULT BRONZE — 1:15 MAX**

##### **ELEMENTS**

- Single Salchow
- Single Toe loop
- Any single jump plus a toe loop combination (no Axels allowed)