

### **I wanna take private lessons!**

A coach is an experienced skater who is willing to make their time available to teach other skaters. Selecting a Coach for your skater is a very personal thing between Coach and skater. Effective coaching is always a result of the relationship between the Coach and the skater. An important trait to consider when selecting a coach is whether that coach makes skating enjoyable for the skater. A professional who is positive and encouraging can expect students to adopt the same attitude about their skating and make steady progress through self-confidence and love of the sport. Good coaching is an art. Your child is scheduled for group or private lessons each week. It is very important that your child spends time practicing the skills taught during lessons prior to the next scheduled lesson.

One of the main reasons you hire a private coach is to improve the quality of your skater's training so s/he can develop good technique. Hiring a figure skating coach means hiring someone to guide your child's figure skating career. This coach becomes the person you go to for training advice. Private lessons are arranged directly with and payment is made directly to the individual coach. Private lessons used to mean 15 minute, one-on-one lessons with your coach. Today though 'private lessons' can mean a combination of one-on-one, semi-private and private group lessons with the professional coach you have hired.

Skating school is the best place to begin the search for a coach. We all teach the classes and that time is an excellent way to meet all of the coaches and see which personality works best for the skater's needs.

Arkansas Figure Skating Association prides itself on providing quality skating guidance from approved, credentialed professionals. All AFSA approved coaches are members of the Professional Skating Association (PSA), have been authorized through US Figure Skating, and carry liability insurance. AFSA approved coaches have different rates, specialties, and education levels. Please visit [www.ozarkfsc.org](http://www.ozarkfsc.org) to find out more information about the coaches. AFSA coaches are independent contractors, so each individual coach will schedule and bill differently.

Typically a skater will begin with one 15-30 minute lesson once a week. Many of our coaches bill monthly so a skater would be paying for approximately 1-2 hours of coaching per month.

For more information on the coaches, please check the website above and contact a coach directly.  
Good Luck!