

*Release, Waiver of Liability and
express Assumption of Risk
Agreement (Must Be Complete)*

In consideration of my participation in any Arkansas Figure Skating Association, LLC (AFSA) or Harvey and Bernice Jones Center for Families, Ice Skating Institute (ISI), or United States Figure Skating Association (USFSA) program or Basic Skills activity, I acknowledge and understand the nature of the activity and that I, and/or my minor child, am qualified, in good health, and in proper physical condition to participate in such activity. I acknowledge that if conditions are unsafe, I, and/or my minor child will discontinue participation in such activity.

I fully understand that skating involves risks of serious bodily injury, including permanent disability, paralysis, and/or death, and that these and other risks may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the Releases named below; and that there may be other risks either not known to me or not foreseen at this time, and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in the activity.

I hereby release, discharge, and covenant not to sue the Arkansas Figure Skating Association, LLC (AFSA), Harvey and Bernice Jones Center for Families, ISI or USFSA, their respective administrators, coaches, directors, agents, officers, volunteers, and employees, and any sponsor and advertiser of any event in which I participate (each considered one of the Releases herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by negligence of the Releases. This release waiver of liability and express assumption of risk agreement does not apply to any liability, claims, demands, losses, or damages arising out of the gross negligence of, or intentional, willful or wanton misconduct of the Releases. If I or anyone on my behalf makes a claim, I agree that I will indemnify, defend, save, and hold harmless each of the Releases from any loss, liability, damage, or cost which inure as the result of such claim.

I further hereby give permission to the coaches, the training staff, or other medical professionals to provide medical care as deemed necessary to my child in case of injury or illness.

I acknowledge that I have read this release, waiver of liability and express assumption of risk agreement and fully understand it.

Signature of Participant (Only if age 18 or over) Date

Signature of Parent/Legal Guardian Date

Coaching Staff

Robin Aprea
Jennifer Kelly
Cindy Lester
Traci Huffman
Katt Parsons
Other Qualified Coaches

Confirmation Packet

Upon receipt of your registration and payment, you will receive a confirmation packet. This packet will contain a confirmation letter, camp schedule, maps, lodging information, as well as all other pertinent camp information.

Registration

Registration will begin on Tuesday, July 7, 2009 at 7:00am.

What to Bring

Skaters need to bring all necessary skating equipment. This includes appropriate on and off ice clothing, tennis shoes, a jump rope and a water bottle. Also, skaters will be responsible for bringing their own lunch each day. Healthy snacks will be provided each day.

July 7-10, 2009

**“Stars & Stripes”
Summer
Figure Skating
Camp**

The Jones Center
Springdale, AR

Hosted By:



“Stars & Stripes” Summer Figure Skating Camp 2009

The Arkansas Figure Skating Association, LLC is pleased to invite all skaters to participate in the 2009 “Stars and Stripes” Summer Figure Skating Camp. We are located in the beautiful Jones Center for Families in Springdale, Arkansas. A half day camp will be offered for Pre-Alpha through Gamma levels. The half day camp is a great way to introduce new skaters to the wonderful sport of figure skating. A full day camp will be offered for all skaters that are



Delta and above. This will be a fun-filled, power-packed week with focus on setting and reaching goals that aim to develop the skater as a whole. All classes will be taught by qualified coaches that have experience in ISI and USFSA. We are sure that this will be an exciting and challenging week for every level of skater! This camp is perfect for skaters who want to have fun and develop their skating skills, no matter how basic or advanced!

ACTIVITIES

ON ICE CLASSES

- Jumps
- Spins
- Moves in the Field
- Figures
- Power
- Choreography

OFF ICE CLASSES

- Stretching and Flexibility
- Conditioning
- Video Analysis

SEMINARS

- Goal Setting * Theatrical Expression
- * Injury Prevention *
- Imagery/Visualization * Nutrition

CAMP FEES

Pre-Alpha through Gamma fees are \$100.00 for the half day camp. Skaters that are Delta and above are \$160.00 for the full day camp. All registrations must be postmarked by June 16, 2009. **Any registrations received after this date must include a \$25.00 late fee.** The fees include all on and off ice training sessions and two daily freestyle sessions. Healthy snacks will be provided for the skaters each day, but skaters are responsible for bringing their own lunch.

All camp participants will receive and official “Stars & Stripes” Figure Skating Camp T-Shirt.
All fees are non-refundable.

For more information, please contact:
Arkansas Figure Skating Association, LLC
Robin Aprea, Camp Director
SkateAFSA@live.com

Registration Form

Name of Skater: _____
Age: _____ Birthday: _____ M/F
Parent's Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Day Phone: _____
Emergency Contact: _____
Emergency Phone: _____
T-Shirt Size: _____

*(All camp participants receive a t-shirt.
Extra t-shirts are \$15 each.)*

Highest Test Passed:

Freestyle: _____
Moves in the Field: _____

Please check the camp that you wish to attend:

- PreAlpha/Gamma (Half Day) \$100.00
- Delta and Above (Full Day) \$160.00

(All registrations postmarked after June 16, 2009 must include a \$25.00 late fee.)

Please make checks payable to: **AFSA**

Mail to the following address:

AFSA
617 Weston Circle

Cave Springs, AR 72718

Registration Postmark Deadline:

June 16, 2009